



A Brief Run To Fight Colon Cancer



Phoenix Undy 5000

A brief run to fight colon cancer

November 15, 2008

Kiwanis Park

8:00 a.m.

Come join us for a 5K that's like no race you've ever seen!

The Undy 5000 is a 5000 meter (5K) race to fight colon cancer. But it's not your typical 5K! Participants in the Undy 5000 are encouraged to run or walk in the Undy 5000 in their underwear.

Why Underwear? Because people don't like to talk about colorectal cancer. And talking about it will save their lives. Did you know that 90% of colorectal cancers are preventable with a simple test? But when was the last time you said the word colon or rectum to your doctor, let alone in public? **The Undy 5000 is going to change that!** Not being afraid to talk about the area below your waist can save your life.

Help us spread the word! For more information or to register now, visit:

www.Undy5000.org



Inform. Prevent. Support.

Brought to you by the Colon Cancer Alliance in partnership with the Arizona Department of Health Services



Arizona Cancer Control Program
Working Together to Reduce Cancer